

“Healthy Living Starts at Home”

Healthy Foods & Habits Word Search

Mission of Activity: To help students make the determination between what is healthy for their body.

(Circle ONLY “healthy” foods and habits! Cross out the rest.)

W	R	S	X	S	A	L	U	R	Y	T	E	T	T	E	T	A	U	E	S	V	S	A	B	P
I	H	R	C	A	I	U	L	O	M	W	R	S	R	D	Y	N	X	R	R	H	I	A	N	I
O	G	O	K	S	C	A	G	K	K	A	W	G	E	A	M	E	I	S	A	P	S	C	T	A
C	A	A	L	R	U	U	N	U	A	I	C	R	P	I	R	N	T	E	O	K	T	D	R	A
G	S	T	N	E	R	L	L	D	M	A	R	A	L	C	A	U	Y	L	E	E	R	R	A	R
U	M	A	M	T	G	A	T	M	P	E	A	K	I	D	R	E	M	T	Y	C	A	E	O	E
A	R	S	E	E	N	R	I	A	R	I	M	S	O	K	R	T	B	C	M	I	A	S	I	N
V	I	I	S	R	A	N	A	N	B	I	E	I	E	A	V	A	H	L	S	S	S	S	D	S
A	C	O	N	T	G	L	R	I	L	B	R	Y	N	I	L	O	B	A	E	E	A	R	N	S
U	A	W	R	A	O	S	T	Y	N	D	O	U	D	L	C	I	B	Y	L	G	C	A	A	S
S	K	C	D	G	A	L	A	S	N	S	T	E	N	O	G	B	N	E	R	I	E	N	O	G
O	G	B	N	A	O	R	E	R	A	B	O	U	L	N	G	B	L	S	L	P	A	T	M	U
C	E	C	S	R	L	I	O	L	X	G	N	A	E	C	I	E	B	L	A	S	R	I	E	A
N	H	T	S	W	L	A	A	G	A	K	T	S	S	C	S	N	N	D	L	L	E	A	K	B
T	C	D	C	N	A	U	O	M	K	E	G	A	O	A	O	W	G	D	L	S	A	A	L	Y
T	N	A	H	D	R	T	E	I	T	O	N	G	Y	S	B	E	N	A	Y	N	L	D	A	A
D	A	S	N	M	N	S	E	G	S	A	A	A	S	E	W	A	A	Y	I	A	T	C	A	P
E	T	C	O	A	O	U	O	R	N	T	C	T	G	O	L	T	E	I	I	A	I	A	U	P
S	O	E	W	D	A	S	S	A	A	O	O	I	A	O	N	E	L	A	Y	A	L	A	E	E
A	R	R	L	R	A	N	B	N	O	A	I	R	N	E	C	H	N	N	A	D	A	A	R	L
R	A	N	L	P	I	D	A	A	T	E	R	A	R	X	K	R	A	L	R	C	N	I	N	E
N	S	I	A	S	P	L	N	L	A	I	R	A	A	A	I	U	G	T	L	T	C	A	R	A
U	O	L	I	N	O	A	O	R	R	G	O	T	P	B	C	M	T	A	S	M	R	A	C	N
N	K	A	E	K	E	E	A	L	R	I	L	E	T	A	G	C	M	M	I	R	O	S	L	I
R	R	L	E	O	E	T	P	N	M	S	T	A	C	M	E	O	N	U	T	T	L	T	G	G

carrots

exercise

salad

oatmeal

swimming

chocolate

videogames

running

water

granola

milk

whole grains

yogurt

apple

banana

soda

candy

raisins

basketball

turkey